

Materials in the Heidi Heier Memorial Lending Library Updated 3/05

Planning for the Future

All My Life's a Circle: Using the Tools: Circles, MAPS and PATHS
by Marsha Forest

Laying Community Foundations for Your Child with a Disability:
How to Establish Relationships That Will Support Your Child After You're Gone
by Linda J. Stengle

Grief and Loss

When Hello Means Goodbye by Pat Schwiebert

Medical/Nutritional

Medical and Surgical Care for Children with Down Syndrome: A Guide for Parents
edited by D. C. Van Dyke, M.D., Philip Mattheis, M.D. et. al.

The Down Syndrome Nutrition Handbook: A Guide to Promoting Healthy Lifestyles
by Joan Guthrie Medlin R.D.

New Parents, Families and Emotional Support

A Parent's Guide to Down Syndrome: Toward a Brighter Future
by Siegfried M. Pueschel

After the Tears: Parents Talk about Raising a Child with a Disability by
Robin Simons

Babies with Down Syndrome: A New Parents' Guide by Karen Stray-Gundersen

Changed by a Child: Companion Notes for Parents of a Child with a Disability
by Barbara Gill

Choosing Naia: A Family's Journey by Mitchell Zuckoff

Differences in Common: Straight Talk on Mental Retardation, Down Syndrome,
and Life by Marilyn Trainer

Expecting Adam: A True Story of Birth, Rebirth and Everyday Magic

From the Heart: On Being the Mother of a Child w/ Special Needs by Jayne
Marsh

Riding the Bus with My Sister: A True Life Journey
By Rachel Simon

Uncommon Fathers: Reflections on Raising a Child with a Disability edited by
Donald J. Meyer

Views from Our Shoes: Growing Up with a Brother or Sister with Special Needs
by Donald J. Meyer

You Will Dream New Dreams: Inspiring Personal Stories by Parents of Children
with Disabilities by Stanley D. Klein, Ph.D

Parenting and Child Development

Baby Steps: Exercises for Baby's First Year of Life by Susan Fox

The Challenging Child: Understanding, Raising, and Enjoying the Five
"Difficult" Types of Children
by Stanley I. Greenspan, M.D.

The Child with Special Needs: Encouraging Intellectual and Emotional Growth
by Stanley I. Greenspan, M.D.

Adolescents with Down Syndrome: Toward a More Fulfilling Life by Siegfried
M. Pueschel and Maria Sustrova

Fine Motor Skills in Children with Down Syndrome by Maryanne Bruni

Gross Motor Skills in Children With Down Syndrome by Patricia Winders

Reflections from a Different Journey: What Adults with Disabilities Wish All Parents Knew by
Stanley Klein

Sexuality Your Sons and Daughters with Intellectual Disabilities by Karin
Melberg Schwier

The Out-of-Sync Child: Recognizing and Coping with Sensory Integration
Dysfunction by Carol Stock Kranowitz, M.A.

Communication Skills

Classroom Language Skills for Children with Down Syndrome
by Libby Kumin, Ph.D., CCC-SLP

Communication Skills in Children with Down Syndrome: A Guide for Parents
by Libby Kumin, Ph.D., CCC-SLP

It Takes Two to Talk: A Parent's Guide to Helping Children Communicate
by Ayala Manolson

The New Language of Toys: Teaching Communication Skills to Children with
Special Needs, A Guide for Parents and Teachers
by Sue Schwartz, Ph. D., and Joan E. Heller Miller, Ed.M.

Visual Strategies for Improving Communication: Practical Supports for School and Home by
Linda Hodgdon

Education

At the End of the Day: Lessons Learned in Inclusive Education edited by

Marquita Grenot-Scheyer, Mary Fisher and Debbie Staub

Creativity and Collaborative Learning: A Practical Guide to Empowering Students and Teachers
by Jacqueline Thousand

From Emotions to Advocacy – the Special Education Survival Guide by Pam and Pete Wright

Inclusive Middle Schools by Douglas Fisher

Negotiating the Special Education Maze by Winifred Anderson et al

No Child Left Behind by Peter Wright

Steps to Independence, Teaching Everyday Skills to Children with Special
Needs by Bruce Baker et al

Teaching Math to People with Down Syndrome by DeAnna Horstmeier, Ph.D.

Teaching Reading to Children with Down Syndrome by Patricia Oelwein

Transition Portfolios for Students with Disabilities by MaryAnn Demchak

Social Skills and Friendships

Basic Social Skills for Youth: A Handbook from Boys Town

Best Friends, Worst Enemies: Understanding the Social Lives of Children by Michael Thompson

Delicate Threads: Friendships Between Children With and Without Special Needs
in Inclusive Settings by Debbie Staub

Good Friends are Hard to Find: Help Your child Find, Make and Keep Friends by Fred Frankel

The New Social Story Book by Carol Gray

You Can't Say You Can't Play by Vivian Paley

Books for Children

A B C for You and Me by Meg Gurnis

1 2 3 for You and Me by Meg Gurnis

Hi, I'm Ben...And I've Got a Secret! by Julie A. Bouwkamp

I Like Me! By Nancy L. Carlson

The One and Only Special Me by Rozanne Lanczak Williams

We'll Paint the Octopus Red by Stephanie Stuve-Bodeen

What's Wrong with Timmy by Maria Shriver

Videos and DVDs

A Promising Future Together: New Parent Video from the National Down Syndrome Society

Baby Signs: How to Talk with Your Baby Before Your Baby Can Talk

Down Syndrome and the Healthcare Professional from NDSS

Down Syndrome: The First 18 Months DVD by Will Schermerhorn

Father's Voices DVD from Father's Network

Gifts of Love (families talk about living with a person who has Down Syndrome) NDSS

How's Your News? DVD

Opportunities to Grow (vignettes of people with Down syndrome in community life) NDSS

Inclusion: Bernardsville Beginnings (step by step account of inclusion for a first grader) NDSS

Bittersweet Waltz (documentary of one fifth grade student's first year of inclusion) NDSS

World of Opportunities (slide collage of people around the world with DS, has music and captions) NDSS

National Down Syndrome Society - One Vision, One Voice

Signing Time: An American Sign Language Video for Children

Telling Your Family Story...Parents as Presenters

Inclusive Education: Rediscovering Our Right to Belong (Norman Kunc)

Love and Learning Series

This is a reading series created for very young children with Down syndrome. Each kit includes video, books and cassette.

Language and Reading Development: Birth to 3 years (video of overview of the program)

Love and Learning Kit #1

Love and Learning Kit #2

Love and Learning Kit #3